




CARERS WEEK 2013



Events hosted by Enfield Council, Enfield Clinical Commissioning Group and Enfield Carers Centre

Monday 10 th June	Carers Evening Session	<p>Question and Answer session with our Expert Panel:</p> <ul style="list-style-type: none"> • Ray James, Director, Health, Housing and Adult Social Care, London Borough of Enfield • Dr Mo Abedi, Medical Director, Enfield Clinical Commissioning Group • Janet Leach, Head of the Joint Service for Disabled Children, London Borough of Enfield • Michael Benson, Lead Nurse - Education & Practice Development, BEH Mental Health Trust • Pamela Burke, Chief Executive Officer, Enfield Carers Centre <p>Presentations:</p> <p><i>The New Health Structure and Commissioning Priorities</i> Dr Mo Adeb, Medical Director, Enfield Clinical Commissioning Group</p> <p><i>BEHMHT Carers Strategy</i> Clara Wessinger, Head of Clinical Audit and Effectiveness, Barnet, Enfield and Haringey Mental Health Trust</p> <p><i>Carers and Employment: Finding a Balance</i> Rosie Lowman, Commissioning Manager for Carers Services, London Borough of Enfield</p>	<p>Enfield Civic Centre 6-8.30pm</p> <p>Open event, no need to book!</p>
Tuesday 11 th June	Carers Action Group (for Council employees only)	<p>This is a session for those employed by Enfield Council to come and find out what support they can receive as carers, their rights to flexible working and the commitment from the Council to carers. Subjects include your rights as a carer at work and James Rolfe speaking about the equalities agenda at the Council.</p> <p>All those who provide unpaid care and support to a family member or friend are welcome to come and find out about the Carers Action Group.</p>	<p>Room 1 Enfield Civic Centre 1-3pm</p> <p>Open event, no need to book!</p>
	Carers Day Trip to Cambridge	A day trip for carers to the historic city of Cambridge.	Contact Enfield Carers Centre for more details on 020 8366 3677

APPENDIX D

Wednesday 12 th June	Carers Information Forum	A chance for carers to come and find out about services available in Enfield. Information stalls from the Council, Enfield CCG, Barnet Enfield Haringey Mental Health Trust as well as others from the Voluntary and Community Sector.	Conference Room, Enfield Civic Centre, 10-1pm Open event, no need to book!
Thursday 13 th June	Enfield Carers Centre Open Day	All are invited to the Open Day at Enfield Carers Centre to find out the services they provide, tour the refurbished offices and meet the staff. The Mayor will be attending at 11am.	Enfield Carers Centre 10.30-2.30pm Contact Enfield Carers Centre for more details on 020 8366 3677
Friday 14 th June	Healthy Living Day	Meet Health Trainers for healthy living advice and information, free health checks and nutritional advice, free nutritious lunch!	Enfield Carers Centre 10.30-2.30pm Contact Enfield Carers Centre for more details on 020 8366 3677
Sunday 16 th June	Comedy of Errors, Capel Manor Open Air Theatre	Tickets available for the Open Air Theatre at Capel Manor for carers and the person they care for.	Contact Enfield Carers Centre for more details on 020 8366 3677
Mon 10 th -Sun 17 th June	Free off peak swim and gym	Fusion Leisure are offering all carers free off peak (9-5pm Mon-Fri, after 12noon on weekends) swimming and gym use through Carers Week. Free entry is on production of the Enfield Carers Centre 'Carers Card'. Many thanks to Fusion for this offer.	All Fusion leisure centres in Enfield.
   <p style="text-align: right;">Enfield Clinical Commissioning Group</p>			